

JOURNEY FROM

44 TO 4 DEGREES

SPRING 2017 SESSION 3



SWITZERLAND LES
ELFES
INTERNATIONAL

EDITORIAL

Session 3 program has been exceptional - one week in Verbier with thrilling activities like paragliding, ropes course, bridge swinging, educational and fun excursions and lots of different clubs followed by skiing in Zermatt! I got to meet you guys only in the second week, but from the day one your energy level and curiosity to explore and learn has been brilliant! You are always ready to challenge yourselves and you succeed! Keep this attitude guys and you will enrich your lives day by day with many more adventures!

- by one of Journalism club instructors Ieva



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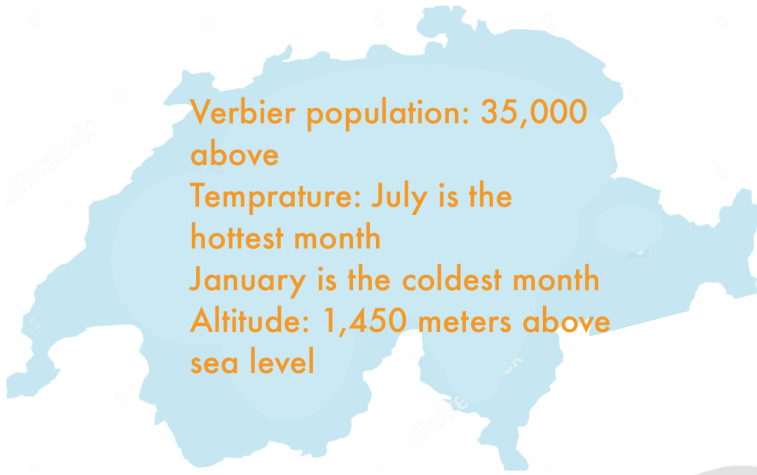
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VERBIER



Verbier population: 35,000
above
Temperature: July is the
hottest month
January is the coldest month
Altitude: 1,450 meters above
sea level

How to get to Verbier

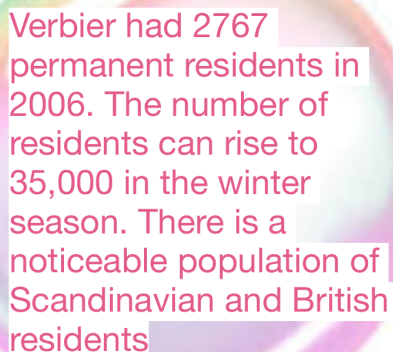
Flying into Geneva Airport and hiring a car
is the quickest way to get to Verbier.



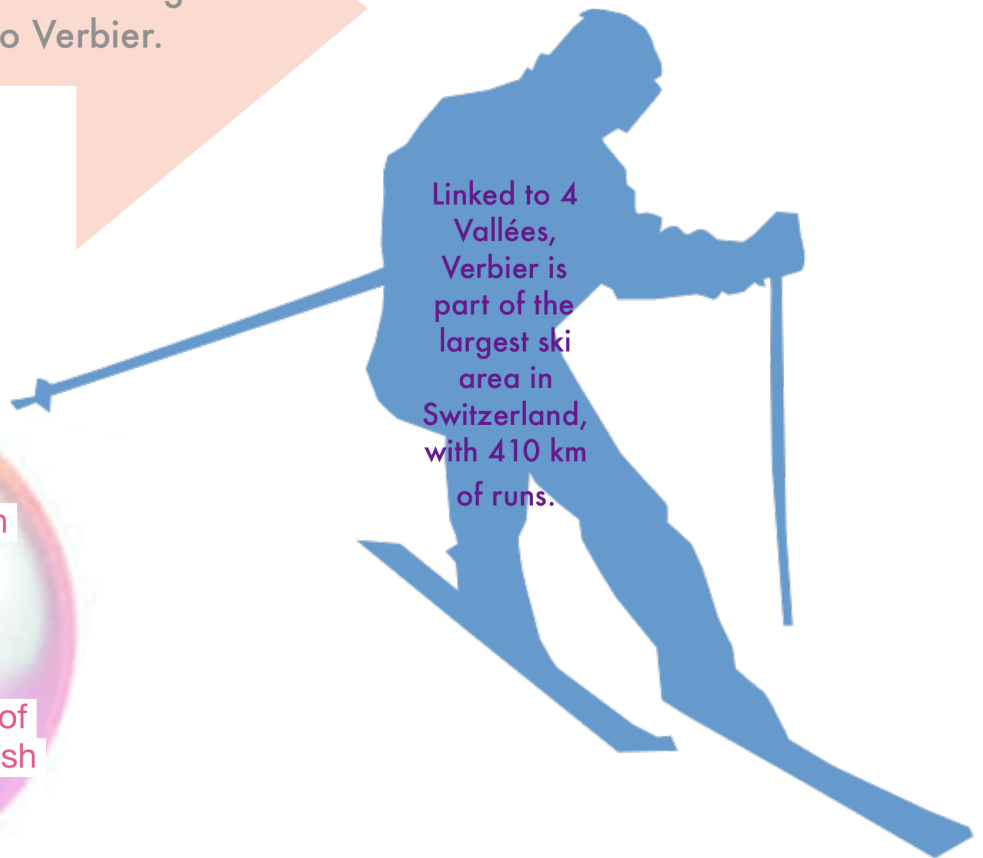
When to visit

Winter for
skiing
Summer for
hiking

Linked to 4
Vallées,
Verbier is
part of the
largest ski
area in
Switzerland,
with 410 km
of runs.



Verbier had 2767
permanent residents in
2006. The number of
residents can rise to
35,000 in the winter
season. There is a
noticeable population of
Scandinavian and British
residents



WHAT DID YOU LEARN ABOUT VERBIER WHILE YOU WERE THERE?

LIFETIME EXPERIENCE

EVERY YEAR IT GETS BETTER!!!

Hi guys! I'm Rithanya. This is my second time in Les Elfes. I want to share some of the experiences I came across these awesome years in Les Elfes. Last year was very different I was scared to do most of the activities like Bridge Swinging, but this year I just jumped of the platform. Trust me I was so angry on myself on not doing it last year. On the second day we went rock climbing it was a lot of fun I had races with my friends and climbed about halfway up the wall. Oh! I almost forgot to tell you about the Rope Course, I had a lot of fun in the trees even though it was cold. Even Zermatt was a blast we went skied from the T-bar. After an amazing day of skiing we went on a torch light walk all the way up to the cross and at the top the view was spectacular. I had a lot of fun and what about you?



THE MAGIC OF THE CAMP – PEOPLE!!!

The magic of the camp is that its gets ahold of your heart and never lets go. In Les Elfes camp we had children from 8-18 years of age which were from different states of India. The staff at Les Elfes was also very helpful and understanding and were also very friendly. The ski instructors also were very friendly and encouraged everyone to do ski. All the children were divided into Group A and Group B, of which Group A included of all the small children while the other included a little bigger ones. It was a great experience coming to this camp as we could make many new friends and learnt many other things even the staff and the instructors made us experience different things and would make us try everything new. I think everyone here didn't get homesick but got campsick and there is no way anyone can become bored of this camp.

THRILLING ACTIVITIES

BRIDGE SWINGING – FEELING ALIVE

"Life is either a great adventure or nothing wait what no no no I'm not going to jump off a bridge" - this is what my conscience told me at the beginning of the trip. Days passed and finally that day arrived I was still firm 'no I'm not doing it!' Suddenly butterflies started fluttering in my stomach and as if that location gave me adrenalin shots. When I saw the first boy go it struck me that wooo if I miss this than I'm a big fool and I got up feet still shaking, cheering for others, encouraging myself and when I reached at the edge I decided not to step back nor look down I just went for it! And there I was down screaming like Tarzan, feeling light headed at first but then opened my eyes admiring the beauty around me the rocks and the trees hoping I don't bang into one, breathing, feeling ALIVE and the sound of the stream and my awesome team encouraging and applauding. Just one thing to say Adventure fills your soul and memories!! - by Anaya Godiawala



PARAGLIDING WITH 360 DEGREE TURNS

I could feel my adrenaline as I sat in the bus. We were dropped at a cable car station and we went up to the mountain. 6 of us waited at the top for the instructors. As soon as they came and set up their parachutes, we were called. It was cold on the mountain and the idea of running and jumping of a cliff made me shiver even more. After my instructor handed me the gear and strapped me to himself, he told me that I was supposed to run and as soon as I felt my feet off the ground, I should let go. I did as I was told and as we took off, cold air hit me hard. I opened my eyes after "takeoff" to a breathtaking scenic view of the city while airborne. The roofs of the houses of Verbier looked satisfying with snow all over them. I could see the alps in the background and the clouds surrounded it making it look more majestic and magical. We tried acrobatics and "successfully" took a complete 360° turn and prepared to land. The instructor lured the parachute towards plain ground (of course covered in snow). I landed right in the snow and thanked my instructor for such a wonderful paragliding experience. - by Saumya Agarwal

CAMPERS WHERE INTERVIEWED...



AND THEY SAID....



IS IT YOUR FIRST TIME ABROAD ALONE?

Anaya Godiawala - Yes it is my first time, it was challenging at first, then you get used to the staff and start enjoying it.

YES YES YES

So is for many many many others, but everyone seems to love it!

CAN YOU MANAGE EVERYTHING ON YOUR OWN?

Anaya Godiawala - Almost everything, but it would have been tough without friends and instructors.

Mahii - No people have to help me.

Aadya Kedia - Yes

Tanishqa - I can manage

Hardik - Yes but packing is quite difficult

Dhruv - Yes (but his friend said he packs for him)

YES/NO

IS IT EASY TO STAY AWAY FROM YOUR PHONE?

Anaya Godiawala - Its very tough but i'm tougher

Mahii - Yes only because of my friends

Aadya Kedia - Yes it was easy

Tanishqa - At first no, but now i'm ok

Hardik - Actually no

Dhruv - YES

**SURPRISINGLY
BUT YES!**

WHAT WAS YOUR FAVORITE ACTIVITY AND GAME IN VERBIER?

Anaya Godiawala - Journalism & skipping
Mahii - Paragliding & capture the flag
Aadya Kedia - Paragliding & capture the flag
Tanishqa - Bridge swinging & capture the flag
Hardik - Paragliding & Olympic games
Dhruv - Paragliding & capture the flag

"CAPTURE THE FLAG"

DID YOU ENJOY DEFENDING OR ATTACKING THE MOST DURING CAPTURE THE FLAG?

Anaya Godiawala - I love defending and tagging everyone to jail
Mahii - Yes, defending
Aadya Kedia - Yes, defending
Tanishqa - Attacking
Hardik - Attacking, because you have to capture the flag



INTERVIEWERS – ANAYA SHAH, KHUSHBOO & TANVI

IS IT THE FIRST TIME YOU HAVE BEEN PART OF A SNOW FIGHT OR BUILT A SNOWMAN?

Anaya Godiawala - I have built a snowman back when i was 10, that was also in Switzerland, but I've never been in a snowfight
Mahii - Yeah its my first time
Aadya Kedia - No this was my first time
Tanishqa - Yes, first time
Hardik - This is the first time, and it was great

YES YES YES

WHO WAS YOUR FAVOURITE INSTRUCTOR IN VERBIER?

Anaya Godiawala - Abi & Vendy because they are very understanding.
Mahii - Kathryn as shes fun and Laura as shes not strict.
Aadya Kedia - Kathryn as she's very helpful, and Devon as he's a quiet adventurer.
Tanishqa - Rea as she is very sweet, and Laura because shes hard working.
Hardik - Laura, shes funny and happy.
Dhruv - Laura and Callum

ALL?!?!

ALSO STAFF IN VERBIER WERE INTERVIEWED...

We've heard from the students, now lets take a dip into the lives of the people who make this camp possible....the amazing instructors!



IF NOT AN INSTRUCTOR, WHAT WOULD YOU BE?

Kathryn - 5 star hotel tester

Callum - T Rex trainer

Rea - a teacher or firefighter

Consi - a teacher in school

Laura - architect

Clare - water slide tester

WHICH GROUP IS BETTER A (YOUNGER ONES) OR B (OLDER ONES)?

Kathryn - Older ones, more mature easier to talk to less stressful more freedom.

Callum - I love them all cause this is the best group ever.

Rea - I like working with older group but I love younger ones.

Consi - Younger one's are energetic, but they can't be compared to older ones, who are curious for specific questions.

Laura - Group B as I can joke with them and understand them.

Clare - Older ones because i have been more with them and they are enthusiastic.



SNOW OR SUN?

Kathryn - Sun, a tan makes me happier

Callum - Snow, because of skiing, of course!

Rea - Sun, because more activites!

Consi - Sun, because it charges me

Laura - SNOW (without taking a second)

Clare - I like skiing, but prefer the sun

IF YOU EVER WROTE A BIOGRAPHY, WHAT WOULD BE THE TITLE?

Kathryn - My life in a suitcase

Callum - The life of a genius

Rea - Trying to be an adult at 30

Consi - Let the life surprise you

Clare - A day in the life a seasonaire



WHICH ACTIVITY/GAME MAKES YOU FEEL YOUNG AGAIN?

Kathryn - Hide & Seek
Callum - Football
Rea - Bridge Swinging
Consi - All
Laura - Aqua Park
Clare - Aqua Park



HOW DO YOU FEEL WHEN YOU DON'T PRONOUNCE SOMEONE'S NAME PROPERLY?

Kathryn - Normally laugh and go red
Callum - Embarrassed
Rea - It happens every day, i say sorry
Consi - Apologize and try to be kind
Laura - Embarrassed, but i make sure i get it correct next time, even if i don't remember
Clare - Akward



WHO'S YOUR FAVOURITE INSTRUCTOR?

Kathryn - Rea, she's very good and everyone listens to her and she's always smiling.
Callum - Me of course
Rea - Ryan
Consi - Its a nice experience working with everyone, some have good energy and some have a good smile.
Laura - Its a tough one, but i'd say Devon as he is very understanding
Clare - Kathryn, because she's my sister



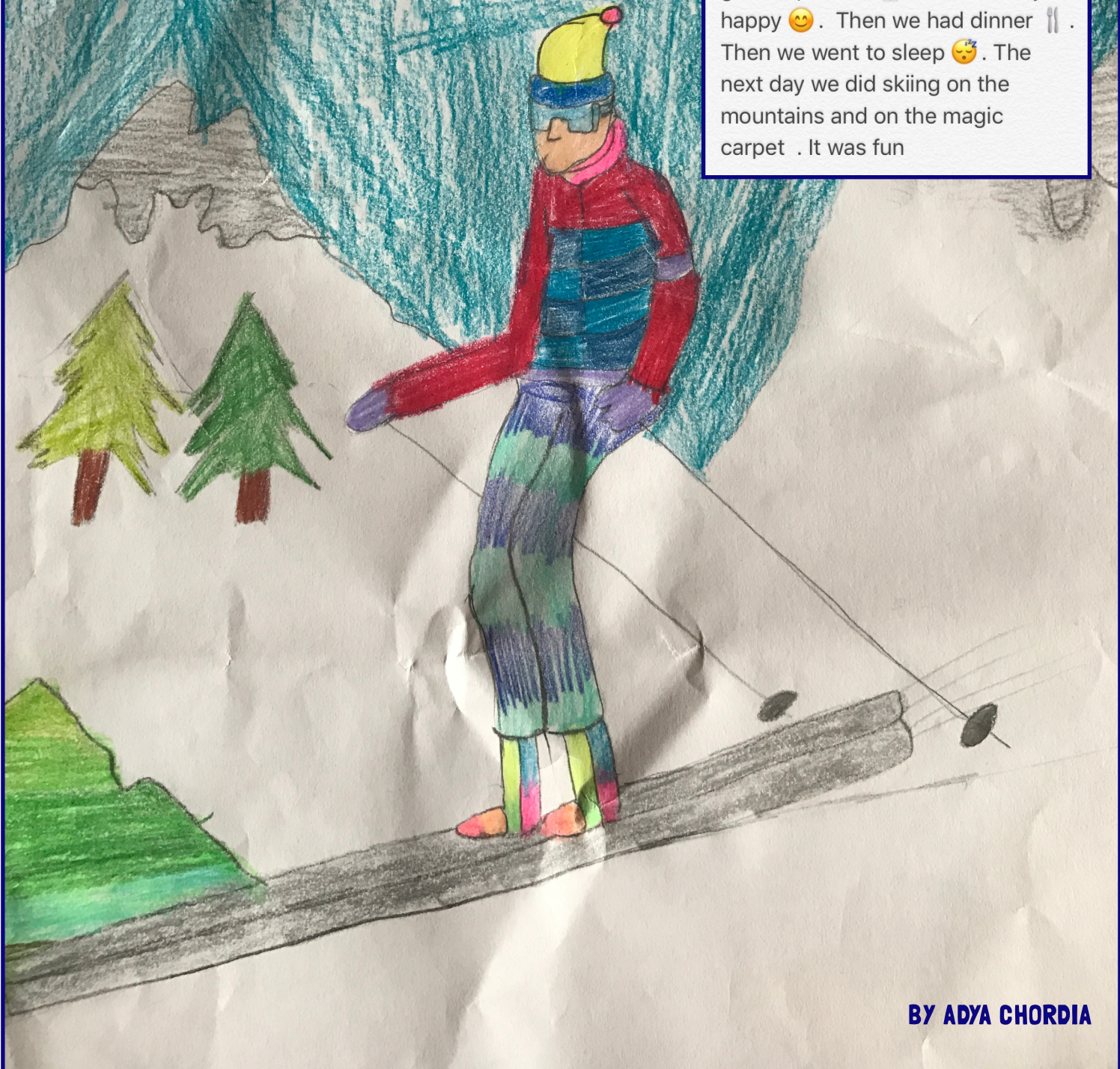


SKIING IN ZERMATT



8 May 2017 at 6:08 PM

When I came to zemat I was very excited 😊 about skiing 🎿 . We had instructors who taught us wonderful skiing 🏂 . We learnt it in two days but are legs were hurting. Then we had lunch 🍝 there were noodles 🍜 and again went for skiing. We skied till four hours. Then we came to are hotel and had some snacks 🍪 . Then we got are phones 📱 we were very happy 😊 . Then we had dinner 🍴 . Then we went to sleep 😴 . The next day we did skiing on the mountains and on the magic carpet . It was fun



BY ADYA CHORDIA



REPORTERS "IN ACTION"

We started by heading out as beginner journalists going to interview few strangers on the streets in Zermatt. At first we were a bit scared and nervous, but who knew without trying what we could do? We started out by targeting a few people some were tourists and some were locals. We approached a few people who looked scary but were pretty kind, we convinced them to be part of our special interview consisting a few general questions which were not opening into their personal lives! We tried so hard to convince people but many (I mean MANY!!!) refused. We went into shops and people made many excuses by saying they didn't know English or that they are scared that we will expose them!!!! This one old lady agreed to interview but as we removed our cameras she immediately turned and said that her hair was in a mess! Few people said they were late for church and this one couple thought we were handing out flyers in search of our lost CAT!!!!!! The worst and the most embarrassing part was that a husband and wife thought we were begging for money and honestly I never knew beggars had i phones, nike shoes, brand new water proof jackets and were neatly dressed!!! But despite all this drama we managed to get around 4 people to agree for an interview. At the end we had roamed about the whole of Zermatt and as we were returning to the hotel we felt like we actually worked hard and had achieved a lot and we proudly walked in thinking we were professional journalists!

THE DAY NO ONE EXPECTED BUT TURNED OUT AMAZING!

When everyone was more than excited to do ski race, we arrived at the second gondola station and were told that mountain will be closed for all day due to strong wind. It happens few times a year, but it did not stop campers and we all had amazing day! We started of by nice walk back down to Zermatt, exciting football tournament, clubs, shopping and more activities after dinner.



BY ARUSHA NAVANI

ORIENTEERING



What new we learnt?

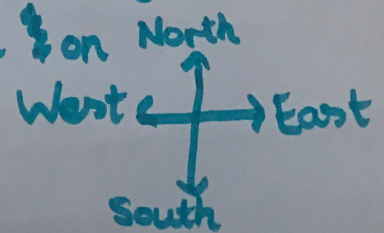
- How to use a compass.
- How to follow directions and use a map.
- How to identify different symbols on a map.

What did we do during the club?

- Go to different places in Zermatt using a map and compass.
- Answer questions about orienteering in the form of a quiz.
- Drew a map of the place we ski.

3 tips about orienteering for learners

- Always have a compass with you and use it.
- Pay attention and identify all the things on the map which will help you reach the place easily.
- Follow directions carefully, try not to get lost and have fun on your journey.





AWARDS TIME



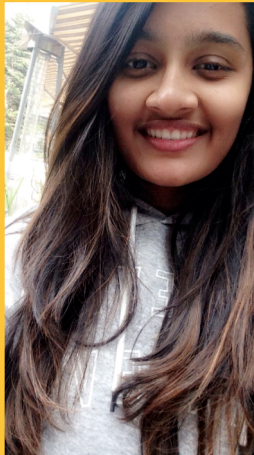
Opera Singer - Anish

Best Jawline - Hardik



Least Amount of Baths-Dhruv

Best Hair - Anaya & Arnav (Blue)



SERIOUSLY
CHOSEN
BY
JOURNALISM
CLUB



Artists - Saumya & Adya C



Gossip Queen - Mahii



ARTWORK
OF SOME
VERY
TALENTED
CAMPER



BY ADYA CHORDIA

WHEN THE CLOCK STRIKES 12!

People are sleeping
Wolves are howling
Everybody shouts
When the clock strikes 12!

Windows are shut and
So are the doors
Vampires rise when
The clock strikes 12!

But the mornings are the best
When I wake up before the rest and
Hear the birds sing their tunes
Which are better than the rest

**SPECIAL THANKS TO OUR AWESOME JOURNALISM CLUB TEAM :
RITHANYA SENTIL, SAUMYA AGARWAL, ANAYA GODIAWALA,
ADYA CHORDIA, KHUSHBOO PALKHIWALA, ANAYA SHAH & TANVI RAJA**



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